

DEPARTMENT OF PAEDIATRICS

JUNE 7TH, 2023: 1200-1300

NATURE RX: PRESCRIBING NATURE TO PROMOTE HUMAN AND PLANETARY HEALTH

Presenter

Dr. Robert Zarr, MD, MPH

Founder & Medical Director of Park Rx America

Physician Researcher and Public Health Paediatrician

OBJECTIVES:

By the end of the hour, participants should be able to

1. Review evidence to support nature and human health connection
2. Review data on physician health and role of self-care, including forest and nature therapy
3. Define nature prescriptions and their role in clinical medicine

Via
Zoom

**Physicians, Nurses, Health
Disciplines are Welcome to
attend!**

Paediatric Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

This program has no commercial support.

For any information please email
Renee.Vachon@lhsc.on.ca or visit
www.paediatricscme.ca

Zoom Information:

<https://westernuniversity.zoom.us/j/95832958458?pwd=bUZHbl dkSTFwaFc3cVJPVE1POHRnZz09>

Passcode: 77566

Image by Larisa Koshkina from Pixabay