# DEPARTMENT OF PAEDIATRICS

JUNE 7<sup>TH</sup>, 2023: 1200-1300

NATURE RX: PRESCRIBING NATURE TO PROMOTE
HUMAN AND PLANETARY HEALTH

### **Presenter**

## Dr. Robert Zarr, MD, MPH

Founder & Medical Director of Park Rx America

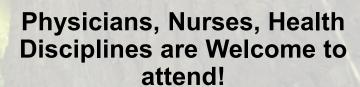
Physician Researcher and Public Health Paediatrician

### **OBJECTIVES:**

By the end of the hour, participants should be able to

- 1.Review evidence to support nature and human health connection
- 2.Review data on physician health and role of self-care, including forest and nature therapy
- 3. Define nature prescriptions and their role in clinical medicine





Paediatric Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

This program has no commercial support.

For any information please email Renee.Vachon@lhsc.on.ca or visit www.paediatricscme.ca

#### Zoom Information:

https://westernuniversity.zoom.us/j/95832958458?pwd=bUZHbldkSTFwaFc3cVJPVE1POHRnZz09

Passcode: 77566

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Zoom

